



## Contact Information

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## Learning Objectives

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1. Learn how to match assessments to appropriate treatment interventions.
2. Learn strategies that can reduce overdose risk.
3. Understand key aspects of recovery.



## Residential Treatment Center

**3.5** **1,023**  
Clients

**3.1** **518**  
Clients



## Successful Discharges

**3.5** **475**  
**3.1** **396**  
IOP **112**

Housing **60**  
GLC **68**

## Aftercare

  
Housing **215**  
clients

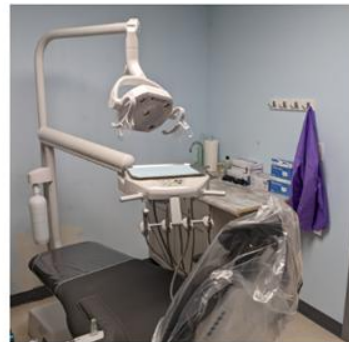
  
IOP **229**  
clients

  
TCM **222**  
clients



## Grateful Life Center

  
**295**  
clients



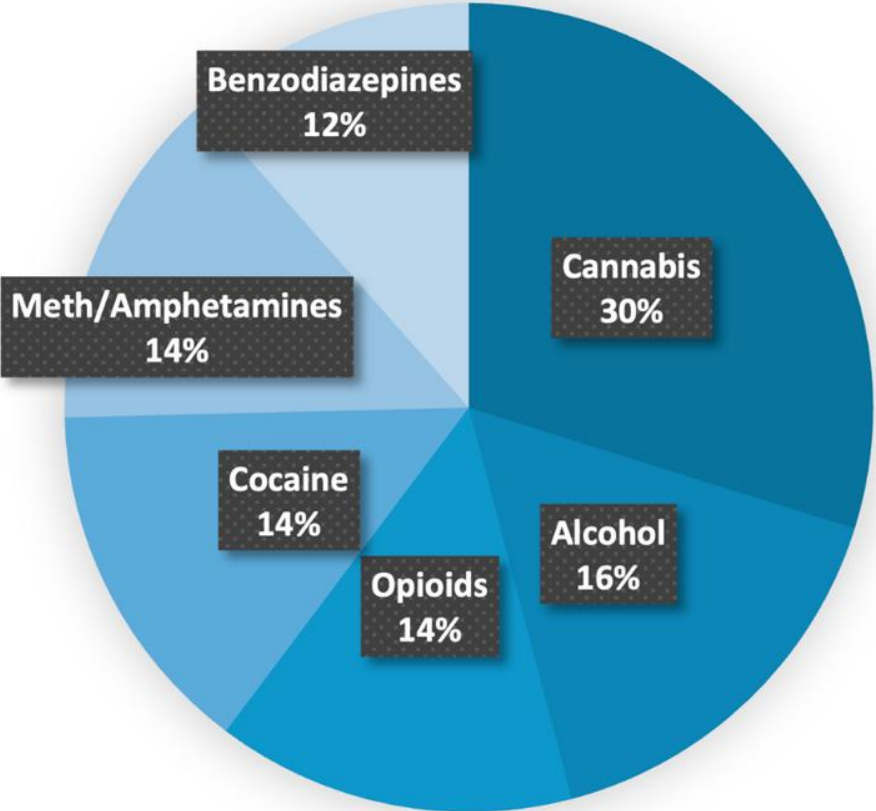
Expanded services to include our  
first gambling-only admission



PHP program was launched to  
fill the gap between outpatient  
and residential care.



**61**   
counties  
**6**   
states



### Scope of SUD

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- **46.4 million U.S. adults** had a Substance Use Disorder in 2024
- **17.7% of adults** were affected nationwide
- Only **12% of adults with a past-year SUD** received substance use treatment
- Overall, just **1 in 46 U.S. adults** received SUD treatment
- **631,000 Kentucky adults** had a Substance Use Disorder in the past year
- In Kentucky, the estimate is closer to **1 in 5 adults**.

1 out of 6



The number of adults who had a Substance Use Disorder in 2024

## What do you think has contributed most to the recent decrease in overdose deaths?

- A.** Increased access to Narcan
- B.** Expanded treatment and recovery resources
- C.** Public education and awareness
- D.** Stronger Community partnerships
- E.** Changes in drug supply and use patterns

**POLL**

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## Overdose Patterns & Drug Trends

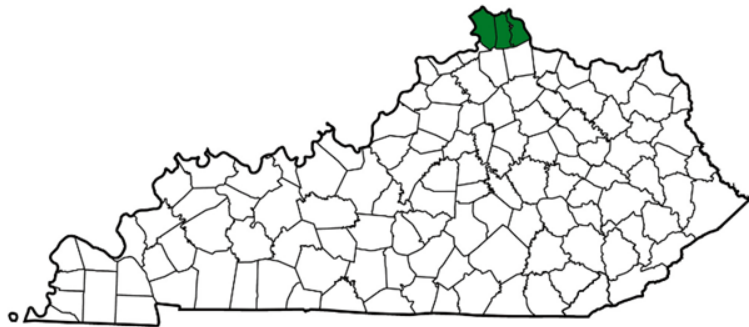
### Kentucky

- **1,110 overdose deaths** in 2025
- **22.9% decrease** from 2024; **50.8 decrease** from 2021
- **Fourth consecutive year** of declining overdose deaths
- **Fentanyl was involved in 45.4%** of overdose deaths
- **Methamphetamine was involved in 49.5%** of overdose deaths



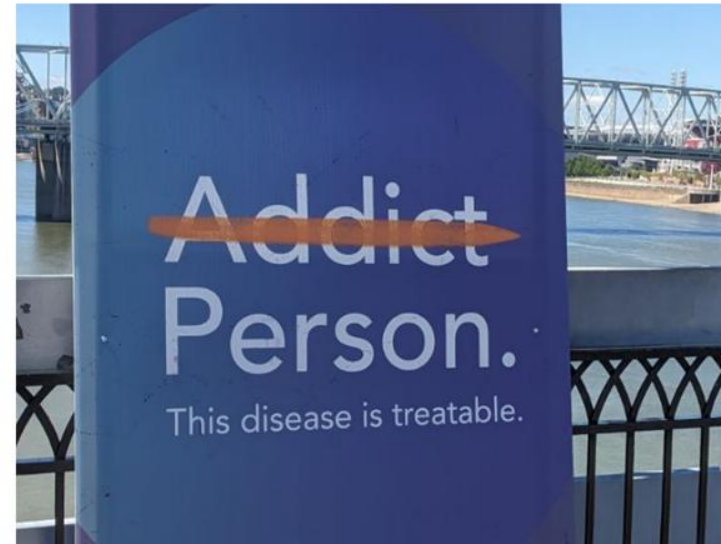
### Northern Kentucky

- **71 overdose deaths** in NKY
- **7.8% decrease** from 2024



## Stigma

- Addiction as a chronic and treatable disease
- Recovery is possible
- Impact of personal bias on care
- Importance of evidence-based perspectives





- Recovery is about rebuilding stability, not just stopping use
- Progress can mean showing up, staying connected, and making safer choices
- Relapse can happen without erasing progress
- Recovery looks different for each person
- Support, structure, and community help sustain recovery



**What does Recovery Look Like?**

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## Individualized interventions

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- Meet people where they are
- Readiness changes over time
- Engagement matters, even without immediate treatment
- Small steps can move someone toward change
- Keep the door open for future help



- Treatment should match individual need
- Residential care offers more structure and support
- Outpatient care supports recovery in the community
- Timing and fit matter
- Treatment works when people receive the right support at the right time

## Treatment & Levels of Care

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**Which of the following are effective engagement strategies when working with someone who may need treatment?**

- A.** Meet them where they are and build trust first
- B.** Focus on safety, health, and immediate needs
- C.** Use brief conversations to keep the door open
- D.** Offer options without pressure or judgment
- E.** Help identify the next realistic step

**POLL**

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- Collaboration improves access to care
- Health departments support prevention and outreach
- Treatment providers connect people to the right care
- Public health data helps guide response
- Community organizations address real-life needs
- Strong partnerships improve outcomes



## Community Partnerships

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## Key Takeaways

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- Meet people where they are and match support to their readiness
- Reduce stigma by treating addiction as a chronic, treatable disease
- Keep people engaged, even when they are not ready for treatment
- Focus on the next realistic step, not the perfect outcome
- Use community partnerships to improve access, safety, and long-term support

# Q&A

# THANK YOU

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